



EXPERIENCE INTERNATIONAL
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Your Health Is Important!
Health Insurance
Travel Insurance

Your Health & Health Insurance – Its Your Responsibility!

We *highly recommend* that you make absolutely, positively, 100% certain your current health insurance policy will cover you while you travel abroad. Call your Insurance Company, let them know what you will be doing; where you're going; what would be/would not be covered if you had an illness or accident; what insurance verification documents they recommend you carry; and exactly what procedures should be followed if you need medical attention. This would include asking what you would need to submit for reimbursement; and the procedures for doing so upon return to the States.

Additionally, we *highly recommend* that if you have any medical condition that might effect your participation on the trip – your safety and/or the safety of others; be it allergies, sensitivity to altitude; heat/humidity; that you just check with your physician and ask for his/her recommendations and advice as to what precautions you need to take and how to deal with whatever condition you might have.

Relevant information can be found at:

Center for Disease Control: <http://www.cdc.gov/travel/tropsam.htm>

Dept of State: http://travel.state.gov/travel/tips/regional/regional_1172.html

For Vaccinations/Travel Shots, if you choose to get any, you might check first with the Walk-In-Health Clinic; 2940 Squalicum Parkway, Tel: 756-2190. Note also you're your insurance policies may cover travel shots.

The trip requires that you be of sound mind and body. If there are any situations or conditions EI/Charlie and the organizers need to know about, we will respect total confidentiality – but ask that you please be honest and communicative with us in the best interests, safety, and health of your fellow travelers.

Travel Insurance

We *highly recommend* you to purchase Travel Insurance as soon as you make your deposit for the trip. We recommend STA Travel Insurance, but you may want to shop around as other companies offer it. Most important is coverage for trip cancellation, lost luggage and emergency medical evacuation.

STA Policy Covers

- Trip Protection (delays/cancellations)
- Baggage Protection
- Medical Protection
- Travel Accident Protection
- 24-Hour Worldwide Emergency Assistance

For complete details on what is/is not covered, check out the STA Travel Web Site:

http://www.statravel.com/cps/rde/xchg/us_division_web_live/hs.xsl/travelinsurance.htm

STA Travel in Seattle

- Phone: 206 633 5000
- Address: 4341 University Way, NE, Seattle, WA
- Speak to anyone there. Sometimes if the line is busy, you're routed to the National STA Travel Center and they can sign you up also.